

## ***Benediction of the Cross***

The Benediction of the Cross will take place every Friday during Lent at

7:30PM



## **Lenten Guideline**

Then to all Christ said, "Whoever wishes to be my follower must deny his very self, take up his cross each day, and follow in my steps" (Lk 9:23).

The Church has always helped us fulfill these words of Jesus by prescribing very definite penance for all Catholics. Accordingly, the Pope, the Patriarch and the American bishops have outlined obligatory fast and abstinence.

### **Our Eparchial Regulations are:**

+Ash Monday (February 8, 2016) and Great Friday (Good) Friday (March 25, 2016) are days of abstinence for all Catholics over the age of 14.

-On these two days, fast as well as abstinence is also obligatory for those from the ages of 18-59. Abstinence means abstinence from meat and meat products. Fast means no food from midnight to noon – except for plain water. No Catholic will lightly excuse himself or herself from this obligation.

+All other Fridays of Lent are days of abstinence from meat (and meat products) for everyone 14 years of age and older. Here again Catholics will not hold themselves lightly excused, but if there is a serious health problem, this obligation would not apply.

+ Fasting from midnight to noon daily is optional. + During this Holy Year of Mercy we are also asked to use every Friday to perform a "different gesture" of mercy (Matthew 25-31-45 gives us excellent examples).

+We strive to make all days of Lent a time of prayer and penance.



We were blessed by a successful **St. Maron & St. Ephrem Luncheon**. Our special thanks go out to **Micho's Restaurant** and to Assaf Najm and Family for donating all of the food. Their generous contribution to the church is greatly appreciated.

*May our Patron Saints, Maron and Ephrem, continue to bless our parish & our families.*

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**Thank you Mr. Kozhaya Akiki!**

**For donating your wonderful books to the parish.  
We are indebted to you for your wonderful works and  
for your dedication to the Church!**



### ***Confessions During Lent***

*You are encouraged to approach the Sacrament of Confession (Reconciliation) during this season of Lent. Catholics must go to confession at least once a year and as often as is necessary in order to be cleansed of sin and be in a state of grace.*

## **CONGRATULATIONS**

**DR. JOHN  
AND  
MRS. ELLEN  
SAAD!**



It is our pleasure to congratulate this year's Silver Massabki award recipients, Dr. John and Mrs. Ellen Saad. Their unwavering and total dedication to the parish over the years has proven them more than worthy of this recognition. Our heartfelt thanks to Dr. John and Ellen for all they have done and continue to do for the parish. May God bless them and their family in time and in eternity!

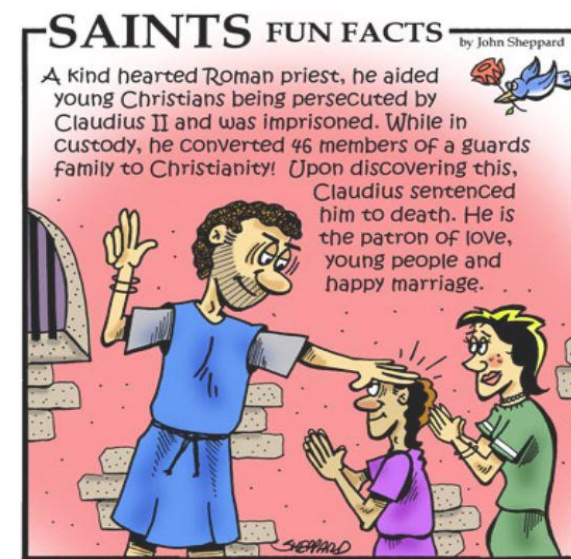
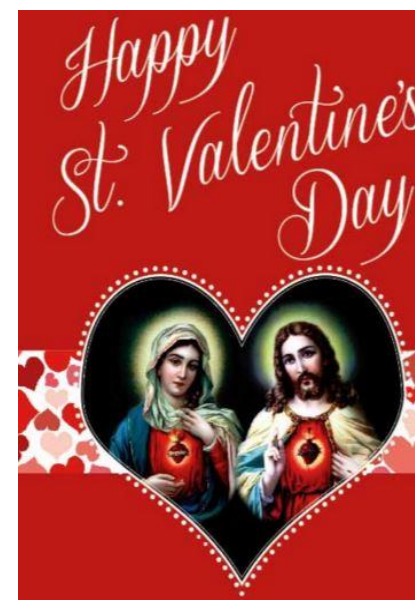


***WE NEED YOUR HELPING HANDS!  
Support the Annual Maamoul Bake Sale***

**Preparation and bake days for Maamoul-  
February 20th through the 24th - starting at 10:00 AM each day**

**The parish, and especially the ladies of the Sorority of St. Rita, who sponsor the bake sale, will be so grateful for your assistance!**


St. Valentine Fun Facts



**COUNTING OUR BLESSINGS!  
Basket Collection from:  
Sunday, February 7<sup>th</sup> &  
Ash Monday the 8<sup>th</sup>-  
\$3,180.00**



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Beit Maroun  House of Maron

Volume 18-Issue 07 February 14, 2016

**Pastor:** Reverend Toufic Nasr  
**Deacon Georges Ghosn**  
**Deacon George Geagea**  
**Visiting Priest:** Reverend Canon Thomas Thompson

**GENERAL INFORMATION**

**Liturgies:**  
Saturday..... 5:30PM  
Sunday  
.....9:30AM  
.....11:00AM  
.....12:30PM  
Confessions .....By appointment

**Divine Liturgy Intentions:**

**Sunday of the Healing of the Leper**  
**Readings: Rom 6:12-23 Mk 1:35-45**

- + Saturday, February 13th  
5:30PM –
- + Sunday, February 14th  
9:30 AM –  
11:00 AM – (M) Edmond Hannoudi, Raji Maamarbashi, Fathallah Hannoudi, Wissam Hannoudi, Majid Jabri, Mary Maamarbashi, Nisrine Jabri and for special intentions offered by Nihad Jabri  
12:30PM – 40 Day Memorial for Lodi Frangieh offered by Michel Frangieh and Family  
Also, Serge Joe El Massri offered by the Family

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**Healing of the Woman with a Hemorrhage**  
**Readings: 2Cor 7:4-11 & Lk 8:40-56**

- + Saturday, February 20th  
5:30PM – (M) Amal Dib Halabi offered by Abdallah Halabi and Family
- + Sunday, February 21st  
9:30 AM –  
11:00AM – One Year Memorial for Esperanza Salameh offered by the Salameh and Family  
12:30PM –

**First Friday Adoration** Noon until Benediction at 6:00PM

**Baptism:** Contact the office to schedule

**Religious Education:** Saturdays from 11am-12pm

**First Communion Class:** Sunday from 1030AM to 12:30AM- To register, please contact the parish office.

**Matrimony:** Please contact the parish office at least nine months prior to the desired date

**Parish Office Hours:** Monday through Friday 9:00AM to 5:00PM